

HOW?

Environmental Sustainability

Reduce, Reuse, Recycle

Sustainable development seeks to balance economic, social and environmental factors so that there can be growth and progress while protecting the world we live in.

Part of the sustainable development of voluntary and community organisations involves minimising their adverse impact on the environment - locally and globally.

This includes both the protection of our environment from harm and conserving its natural resources and habitats.

As part of the SUSTAIN project we offer information on recycling, energy efficiency, renewable energy, conservation and using technology to reduce consumption

Reduce Consumption

The best way to conserve resources and protect the environment is to reduce consumption of products. One of the key resources that we need to conserve is energy, as current methods of production are largely unsustainable and contribute to global warming through emissions of carbon dioxide. Remember also that all the products and materials we use involve energy in their production and transport.

High Peak Borough Council Home Energy Survey offers free energy efficiency advice to all residents of High Peak. Complete an Energy Survey Form and you will be sent a range of cost saving measures relevant to your building, showing approximate costings and relevant pay-back times.

High Peak Borough Council (highpeak.gov.uk/a-z/energy.htm) have an Energy Efficiency Advice Centre at 9/10 St Anne's Square, Buxton (next to the Town Hall) which is open during normal office hours. There is a comprehensive range of energy saving products on display. Freephone 0800 512012.

Community Energy Advisor - If you are part of a Community Group in the High Peak, call your Community Energy Advisor, Adrian Burton, (01298 28410) for an informal and entertaining talk tailored to suit your group:

- How to reduce fuel bills in the home
- Finding grants
- Making homes healthier
- Protecting the environment

Mail Preference Service - can remove your name from up to 95% of Direct Mail lists. Registering your choice not to receive mail helps responsible direct mail companies market considerably, ethically and economically.

Reuse

The very best form of recycling is reuse, where unwanted manufactured products are reconditioned for other people to use. Charity shops are the mainstay of such reuse for many personal and small household items. For other products there are specialist organisations.

Glossopdale Furniture Project collect, restore and recycle home and office furniture. The project can accept most items of furniture in good condition (all upholstery must comply with 1990 fire regulations). They also take household items such as curtains, bedding, crockery and pots and pans, and most electrical goods in working order - but not cookers, microwaves or washers. Collections are made Tuesday, Wednesday and Thursday in Glossop, Monday afternoon in New Mills and Friday afternoon in Buxton.

Those on low income can receive furniture and other household goods for a minimal charge. In the workshops furniture is restored and new items are also created from reclaimed wood - coffee tables, footstools, bird boxes, planters, toy boxes, etc. These can be viewed by the public every Friday 9.30am-3.30pm. Tel 01457 857505, Pikes Lane, Glossop, Derbyshire SK13 8EH, Email joan@furnitureproject.fsnet.co.uk, Website furnitureproject.fsnet.co.uk.



HOW? Guides are written by High Peak CVS, for use by voluntary and community groups across the High Peak.

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Bruce Metals Recycling is a Sheffield-based company that processes PC's, printers, monitors, keyboards, mainframes and most office electronics equipment. Computers are reconditioned and tested for second user sales. For non reusable equipment, iron, copper and aluminium is recycled. PCB's are recycled and recoverable "chips" resold. All other waste material is processed through our own licensed waste transfer station. Tel 0114 2448050, March Street, Sheffield S9 5DQ, Email brucemetal@aol.com, Website brucemetals.co.uk.

EnProve in Mansfield are a registered waste carrier able to offer a complete collection service of redundant PC equipment from businesses, councils, schools and private residents across the whole of the East Midlands. They will collect any type or amount of PC equipment, from just one to a complete van full. Working modern PC's, monitors and printers are refurbished and upgraded and then passed on to local charities, community organisations and schools for re-use. Any PC below specification will be broken up for spares. Older and non-working equipment is taken to a specialist accredited electronics recycler for environmentally friendly disposal as separate metal, glass and plastic waste streams. There is a small per item charge for collections. Tel 01623 666710, Unit 7, Botany Commercial Park, Botany Avenue, Mansfield, Nottinghamshire, NG18 5NF, Email pwebster@groundwork.org.uk, Website enprove.org.uk.

Recycling

Every year the average household produces 1 ton of rubbish, 90% of which goes into landfill sites. Much of this is material that could be recycled, saving valuable resources.

To become a recycler, you need to know what recycling facilities are available near you - what to take where.

High Peak Borough Council now operates a fortnightly kerbside green-box collection service for newspaper & magazines, glass bottles & jars, steel & aluminium cans, textiles & shoes. Many of these materials can also be recycled at supermarket and car-park collection points.

For most of us the bigger problem is knowing where to recycle other materials and equipment. A useful resource is the 'Bank Locator' database on the **Recycle More** website (recycle-more.co.uk).

By selecting a specific type of material and entering your postcode or town you can find the nearest recycling point. This may be some distance away if the material is unusual, but it may be possible to transport a variety of things at once, to wait until you travel in that direction, or to combine recycling efforts with other organisations and people.

Engine Oil Recycling (oilbankline.org.uk) - use this web locator to find the nearest site for oil recycling.

Peak District Environmental Quality Mark is a certification mark for businesses that actively support the best environmental practices in the Peak District National Park. When you buy a product or service that has been awarded the Mark you can be confident that your purchase directly supports the high quality management of the special environment of the Peak District National Park.

To qualify for the Environmental Quality Mark businesses have to achieve high standards of care for the environment in all aspects of management including:

- Conservation of the Peak District National Park
 - Use of locally grown & produced products and services
 - Use of environmentally friendly products
 - Efficient use of energy & water
 - Minimisation of waste
 - Provision of environmental information
- Website peakdistrict.org/eqm/intro.htm.

Environmental Web Resources:

Energy Saving Trust

sustainable and efficient use of energy to reduce carbon dioxide emissions and climate change
est.org.uk

Eco-Management & Audit Scheme

improve environmental performance through an environmental management system
emas.org.uk

Centre for Alternative Technology

environmental charity aiming to 'inspire, inform, and enable' people to live more sustainably
cat.org.uk

Waste Watch

national organisation promoting and encouraging action on waste reduction, reuse and recycling
wastewatch.org.uk

CADDET

Centre for the Analysis and Dissemination of Demonstrated Energy Technologies
caddet.org

Recycle More

help and advice on all aspects of recycling
recycle-more.co.uk

Recycle Now

Waste & Resources Action Programme to get more people recycling more stuff more often
recyclenow.com

Reuze

how, what and where of recycling in the UK
reuze.co.uk

Reduce The Use

Bringing Small Businesses into the Environment
reducetheuse.co.uk

Envirolink UK

Business Links environmental information and support for small and medium-sized businesses
envirolinkuk.org

Envirowise

government-funded programme of practical environmental advice for businesses
envirowise.gov.uk

Environment Agency

aiming to make the environment a better place - now and for future generations
environment-agency.gov.uk

Recycled Products Guide

directory of recycled products in the UK
recycledproducts.org.uk

WRAP

Waste & Resources Action Programme removing barriers to waste minimisation, re-use & recycling
wrap.org.uk

High Peak Borough Council

Energy Saving Tips
highpeak.gov.uk/a-z/energy.htm

Derbyshire County Council

Green issues - environmental polices and programmes
derbyshire.gov.uk/greenwatch/index.htm



Through the SUSTAIN project High Peak CVS aims to help voluntary and community groups diversify their funding and develop social enterprise approaches to income generation.

We offer information, advice and training to assist with the sustainable development of your group. This may range from brief help on a specific matter, to in-depth protracted development work.

Information

We can direct you to sources of information about all aspects of organisational planning, grant-funding and earning income to achieve sustainability.

Advice

High Peak CVS development workers can help with detailed one-to-one support toward your sustainability or give simple advice over the phone or by email.

An example would be using your building as an income generating asset, where we could advise on purchase and development funding, business plans, managing, professional help, environmental and access issues, etc.

Training

Several courses will be run under the SUSTAIN project. If you have specific training needs please contact us.

**Who are we?**

High Peak CVS works to ensure that local voluntary and community groups can access as much support, advice and information as possible. We help groups in many different areas, such as funding, charity registration, practical services including printing, training and links to training and with legal issues. We have resources, including a meeting room, computers and OHP for use by groups.

To find out how we can help you, please contact us on 01663 735 350 or email hello@highpeakcvs.org.uk